



Green Cheek Conures are affectionate, playful little parrots with a real talent for bonding closely with their owners. Many love a snuggle, a shoulder ride, or being tucked into a shirt pocket, bringing plenty of personality without the volume of some larger conure species – a popular step up for someone ready for a bit more parrot.

KEY FACTS

EXPERIENCE	Intermediate	LIFESPAN	20–30 years
TEMPERAMENT	Affectionate, playful, often described as clownish	TAMEABILITY	Tames well young; some go through a nippy adolescent phase
TALKABILITY	Good – many pick up words and phrases clearly	NOISE LEVEL	Moderate – capable of a sharp alarm call, generally quieter than most other conures
SOCIAL NEEDS	Bonds strongly with owner; happy alone with daily attention, or in pairs	SIZE	Approx. 26 cm, head to tail
GENDER	Gender only determined by DNA testing		
HYPOALLERGENIC	Low dust – oil-based feathers with very little loose powder		

PERSONALITY

- Affectionate and playful, often described as clownish.
- Many love a snuggle, a shoulder ride, or being tucked into a pocket.
- Brings plenty of personality without the volume of larger conures.
- Tames well when started young.
- Some go through a nippy adolescent phase – patience sees it through.
- Good talkability – many pick up words and phrases clearly.

ONE OR TWO?

Green Cheeks bond strongly with their owner, so for the closest companion, **keep just one** and give daily out-of-cage attention – a single bird relies on you for company. They're also happy kept in pairs, which still makes a sociable, playful duo, though a paired bird is less likely to become as hands-on tame.

WHAT THEY NEED

- **A suitable cage** – please check with us for the right size and bar spacing.
- **A quality seed or pellet mix** in open dishes, changed daily.
- **Grit** – a pinch twice a week aids digestion.
- **Calcium & vitamins** – a supplement powder, or a cuttlefish and iodine block.
- **Varied perches** – washed apple or hazel branches, plus a pedicure perch.
- **Chew-safe toys**, rotated regularly (no mirrors – they raise hormones).
- **Fresh water** daily, and a bath or light spray a few times a week.



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Based on our own years of experience breeding and keeping birds — every bird is an individual, so this is a guide rather than a guarantee.